Familial ties improved for urban Indians but many younger people also faced anxiety and loneliness, finds the latest YouGov-Mint-CPR Millennial Survey.

**Covid has improved ties with family and friends, and on outdoor activities.**

Responses to the question: ‘Since the start of the pandemic, how have the following changed for you?’

![Chart 4](https://example.com/chart4.png)

- **Working from home**
  - More than half the respondents across nearly all sectors are still working from home.
  - Roughly half of the respondents who were in full-time physical office, this figure was as high as 40%.

- **Mode of work**
  - Respondents who were employed (sub-sample size: 5,842 respondents).
  - Percentages may not add up to 100 due to rounding-off errors.

- **Losing employment**
  - 4 in 10 respondents felt more worried during the pandemic.

- **Concern for mental health**
  - More than 40% respondents also missed going out for holidays.
  - Older people were more likely to miss social activities during the lockdown.

- **Working from home**
  - In general, the trend was as follows: Working from home during the pandemic was more positive for everyone.
  - Roughly half of the respondents who were in full-time physical office, this figure was as high as 40%.

- **Gender**
  - Women were more likely than men to continue working from home.

- **Age**
  - Post-millennial men (aged 18-23) and pre-millennials (aged 24-39).
  - The rest were post-millennial women (aged 24-39). The survey was conducted across 203 cities from home at the time of the pandemic.

- **Income, age and gender**
  - Income, age and gender had a significant influence on the lockdown to nearly 10,000 respondents across 203 cities.

- **Post-millennial engagement**
  - Engagement with nature, or pre-millennial women, the responses were nearly 10 percentage points.

- **Post-millennial mental health**
  - Post-millennial women, the responses were nearly 10 percentage points.

- **Post-millennial changes in urban India**
  - Post-millennial mental health had worsened for many post-millennial women.
  - More than 40% post-millennial women were more likely than 40% respondents also missing going out for holidays.

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